



Co-funded by the
Erasmus+ Programme
of the European Union

Clinical Key for Electrical Stimulation in Physiotherapy and Rehabilitation

KA220-VET Cooperation partnerships in vocational education and training

Project No: 2021-1-TR01-KA220-VET-000032970



Dear Reader,

As you will remember, Clinical Key for Electrical Stimulation in Physiotherapy and Rehabilitation (CK4Stim) is a KA220-VET - Cooperation partnerships in vocational education and training project supported by the Turkish National Agency. The project is based on an electrical stimulation approach and will be conducted over 30 months in partnership with six institutions from Türkiye and EU. Başkent University (BU - Türkiye), University of Craiova (UCV - Romania), Hatay Mustafa Kemal University (HMKU - Türkiye), Süleyman Demirel University (SDU - Türkiye), Šiauliai State University of Applied Sciences (ŠVK - Lithuania), and Mehmet Akif Ersoy University (MAKU) are the partners of the project that is being coordinated by Pamukkale University (PAU - Türkiye).

The 5th Transnational Meeting of CK4Stim was held on 9-10 May 2024 at Başkent University in Ankara, Türkiye. All partners attended the meeting face to face. The purpose of the 5th meeting was to review quality plans, dissemination plans, and website. Also, the manuscript preparation and multiplier event activity plans were discussed.

Among those who attended; valuable representatives such as Nilüfer ÇETİŞLİ-KORKMAZ and Fatih CETİŞLİ from Pamukkale University, Ligia RUSU and Mihai RUSU from University of Craiova, Zeliha Özlem YÜRÜK from Başkent University, Yasemin KARAASLAN from Hatay Mustafa Kemal University, Mehmet DURAY from Süleyman Demirel University, Vaida ALEKNAVIČIŪTĒ-ABLOSNKĒ from Šiauliai State University of Applied Sciences, Fatma Nur ALÇIN and Betül SÖYLEMEZ from Burdur Mehmet Akif Ersoy University were present. It was noted that Mehmet DURAY represented the Turkish Physiotherapy Association, Vaida ALEKNAVIČIŪTĒ-ABLOSNKĒ represented the Lithuanian Physiotherapy Association.



“Funded by the Erasmus+ Program of the European Union. However, European Commission and Turkish National Agency cannot be held responsible for any use which may be made of the information contained therein”



Co-funded by the
Erasmus+ Programme
of the European Union

Clinical Key for Electrical Stimulation in Physiotherapy and Rehabilitation

The 5th Transnational Meeting of CK4Stim began with opening speeches held in the Başkent University Mete Akyol meeting hall. The event began with the opening speeches made by Prof. Özlem YÜRÜK and Prof. Nilüfer ÇETİŞLİ-KORKMAZ. After a short opening, all partners started to study on quality plans, dissemination plans and multiplier event activities. As you know, at the 4th Transnational Meeting of CK4Stim, national and international reports of pilot course were presented and discussed. In 5th Transnational Meeting firstly, Nilüfer ÇETİŞLİ-KORKMAZ provided information about quality and dissemination plans. After that all partners presented their dissemination activities. Partners provided information about the activities which were done, the location and the content of the activities.

A visit was made to Başkent University Physiotherapy and Rehabilitation Department at the Faculty of Health Sciences. During the visit, the partners were informed about the theoretical and practical courses and were seen the laboratories. In the afternoon sessions, a discussion session took place for review the website, general suggestions, and manuscript preparation.

After the sessions the partners visited “Anıtkabir”. Partners entered the Lions' Road and walked through the mausoleum which includes Atatürk's symbolic sarcophagus in the section known as the Hall of Honor. After that the “Anıtkabir Atatürk Museum” was visited.

All partners presented the financial issues and short reports on project expenditures on the second day of the 5th TPM. While all partners showed a high level of sensitivity to the financial resources used in the project, Prof. Fatih CETİŞLİ, who meticulously maintains the financial reports, presented a detailed and comprehensive summary of the financial report of the project for all partners separately.

The discussion on planning “Multiplier Events” was moderated by Prof. Nilüfer ÇETİŞLİ-KORKMAZ. The budget of the “Multiplier Events”, number of participants, and necessary points were reminded by Prof. Nilüfer ÇETİŞLİ-KORKMAZ. SDU's multiplier event were to be held as a conference in June. Mehmet DURAY invited all partners to Isparta congress. After the multiplier event planning session partners started to plan the final transnational meeting. Prof. Nilüfer ÇETİŞLİ-KORKMAZ and Yasemin KARAASLAN mentioned that Hatay was not suitable for





Co-funded by the
Erasmus+ Programme
of the European Union

Clinical Key for Electrical Stimulation in Physiotherapy and Rehabilitation

the meeting because of the earthquake disaster in 2023. Therefore, the 6th meeting was planned at Burdur Mehmet Akif Ersoy University on 15-16 of July. At the end of the day, after all the discussions, the project participants went on Ankara castle. Partners saw the old Ankara houses and a magnificent view of Ankara. Discovery event was held with the partners, and special souvenirs were purchased.

The 5th meeting held in Ankara attracted attention not only with its attentive and productive working sessions but also with its ability to strengthen respectful and warm relations between the project partners.

The target group of the CK4Stim project is all project stakeholders, including project team members, university teachers and students, clinical physiotherapists and mentors, high school students and teachers, public and private institutions, associations, individuals, and the general society.

You can follow the developments regarding the CK4Stim project, where all project outputs will be prepared as open-access newsletters that will be prepared every 6 months.

Let's be aware of the electrical stimulation approaches in physiotherapy and rehabilitation for standardization and variation and to support evidence-based studies.

Project Partners:

Pamukkale University, TÜRKİYE

Medical Doctor- Prof. Ahmet KUTLUHAN

Physiotherapist- Prof. PhD. Nilüfer ÇETİŞLİ-KORKMAZ (Project Coordinator)

Engineer- Prof. PhD. Fatih CETİŞLİ

Engineer- Assoc. Prof. PhD. Arzum İŞİTAN

Physiotherapist- Assoc. Prof. PhD. Furkan BİLEK (as Postdoctoral Observer)

University of Craiova, ROMANIA



MAKÜ
BURDUR MEHMET AKIF ERSOY ÜNİVERSİTESİ



Co-funded by the
Erasmus+ Programme
of the European Union

Clinical Key for Electrical Stimulation in Physiotherapy and Rehabilitation

Medical Doctor- Prof. Ligia RUSU

Physiotherapist- Assist. Prof. PhD. Eva ILIE

Assist. Prof. PhD. Mihai RUSU

Başkent University, TÜRKİYE

Physiotherapist- Prof. PhD. Zeliha Özlem YÜRÜK

Hatay Mustafa Kemal University, TÜRKİYE

Physiotherapist- Prof. PhD. Esra DOĞRU-HÜZMELİ

Physiotherapist- Assoc. Prof. PhD. Yasemin KARAASLAN

Süleyman Demirel University, TÜRKİYE

Physiotherapist- Assoc. Prof. PhD. Mehmet DURAY

Šiauliai State University of Applied Sciences, LITHUANIA

Physiotherapist- Assoc. Prof. PhD. Vaida ALEKNAVICIUTE- ABLONSKE

Physiotherapist- MSc. Dovydas GEDRIMAS

Burdur Mehmet Akif Ersoy University, TÜRKİYE

Physiotherapist- MSc. Fatma Nur ALÇIN

Physiotherapist- MSc. Betül SÖYLEMEZ

Associated Partners (in alphabetical order)

Estonian Association of Physiotherapists

Lithuanian Association of Physiotherapists

Romanian Association of Physiotherapists



MAKÜ
BURDUR MEHMET AKIF ERSOY ÜNİVERSİTESİ



Co-funded by the
Erasmus+ Programme
of the European Union

Clinical Key for Electrical Stimulation in Physiotherapy and Rehabilitation

Turkish Physiotherapists Association

Contacts

You can follow and access project outputs and news via our website:

[For all kinds of questions and information](#)

CK4Stim Project e-mail: ck4stim.2022@gmail.com

CK4Stim Project Facebook page: <https://www.facebook.com/CK4Stim-109320221807989/>

CK4Stim Project Twitter page: <https://twitter.com/ck4stim>

CK4Stim Project Instagram page: <https://www.instagram.com/ck4stim>

CK4Stim Project YouTube Channel: <https://www.youtube.com/channel/UCBjIglraSO-e0DZnujiKhmw>

News:

<http://haber.pau.edu.tr/Haber/paunun-projesi-125-proje-arasindan-destek-almaya-hak-kazanan-21-projeden-biri-oldu>

<http://haber.pau.edu.tr/Haber/paunun-projesi-fizyoterapi-ve-rehabilitasyon-alaninda--klinik-anahtar-olacak>

<https://www.instagram.com/p/CeokLnno45d/?igshid=YmMyMTA2M2Y=>

https://ftr.baskent.edu.tr/kw/menu_icerik.php?dil=TR&birim=248&menu_id=17

<https://www.etis.ee/Portal/Projects/Display/ea972e08-ddc4-4f09-929f-6a6298812f60>



MAKÜ
BURDUR MEHMET AKIF ERSOY ÜNİVERSİTESİ

“Funded by the Erasmus+ Program of the European Union. However, European Commission and Turkish National Agency cannot be held responsible for any use which may be made of the information contained therein”



Co-funded by the
Erasmus+ Programme
of the European Union

Clinical Key for Electrical Stimulation in Physiotherapy and Rehabilitation

<https://www.nooruse.ee/et/teadus-ja-arendustegevus/projektid/kaimasolevad-rahvusvahelised-projektid>

<https://et-ee.facebook.com/ttkartu/>

<https://www.facebook.com/152299624797353/posts/5897565936937331/>

<https://svako.lt/lt/naujienos/pirmasis-erasmus-bendradarbiavimo-partnerystes-projekto-susitikimas-turkijoje>

<http://efl.ee/rahvusvaheline-projekt/>

<https://www.ispartamanset.com/fizyoterapi-ve-rehabilitasyon-alaninda-ornek-proje-9984-haberi>

<https://saglik.sdu.edu.tr/tr/haber/sdu-saglik-bilimleri-fakultesi-fizyoterapi-ve-rehabilitasyon-bolumunun-buyuk-basarisi-fizyoterapi-ve-rehabilitasyon-alaninda-klinik-anahtar-olacak-proje-40286h.html>

<https://haberci.ajanspress.com.tr/pad/press/MTE0NTEzMjk3JjEmMjc0MjgmMCYx?customer=bf79a03a-5f4e-e211-873d-001a6465f174&sid=1842&subid=27428&bid=871922>

<https://www.ispartahaberi.com/haber/fizyoterapi-ve-rehabilitasyon-alaninda-ornek-proje-837.html>

<https://w3.sdu.edu.tr/haber/11057/fizyoterapi-ve-rehabilitasyon-alaninda-ornek-proje>
<https://w3.sdu.edu.tr/m/DuyuruHaber.aspx?dhid=11923>

https://www.instagram.com/p/C3NX_DrN6yF/?igsh=MXFtczFkYzE5YmdzZA==

<https://gulKentgazetesi.com.tr/haber/19147000/avrupa-birligi-erasmus-projesi-toplantisi-sdu-ev-sahipliginde-gerceklestirildi>

<https://www.demokrat32.com/amp/haber/19143669/avrupa-birligi-erasmus-projesi-toplantisi-sdu-ev-sahipliginde-gerceklestirildi>

<https://amp.bomba32.com/haber/isparta/avrupa-birligi-erasmus-toplantisi-sdu-ev-sahipliginde-gerceklestirildi/62058.html>



“Funded by the Erasmus+ Program of the European Union. However, European Commission and Turkish National Agency cannot be held responsible for any use which may be made of the information contained therein”



Co-funded by the
Erasmus+ Programme
of the European Union

Clinical Key for Electrical Stimulation in Physiotherapy and Rehabilitation

Photos:



“Funded by the Erasmus+ Program of the European Union. However, European Commission and Turkish National Agency cannot be held responsible for any use which may be made of the information contained therein”



Co-funded by the
Erasmus+ Programme
of the European Union

Clinical Key for Electrical Stimulation in Physiotherapy and Rehabilitation



“Funded by the Erasmus+ Program of the European Union. However, European Commission and Turkish National Agency cannot be held responsible for any use which may be made of the information contained therein”



Co-funded by the
Erasmus+ Programme
of the European Union

Clinical Key for Electrical Stimulation in Physiotherapy and Rehabilitation



“Funded by the Erasmus+ Program of the European Union. However, European Commission and Turkish National Agency cannot be held responsible for any use which may be made of the information contained therein”