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## *Clinical Key for Electrical Stimulation in Physiotherapy and Rehabilitation*

KA220-VET Cooperation partnerships in vocational education and training

Project No: 2021-1-TR01-KA220-VET-000032970



**Dear Reader,**

As you will remember, “Clinical Key for Electrical Stimulation in Physiotherapy and Rehabilitation (CK4Stim)” is a KA220-VET - Cooperation partnerships in vocational education and training project supported by the Turkish National Agency. The project is based on an electrical stimulation approach and will be conducted over 30 months in partnership with six institutions from Türkiye and EU. Başkent University (BU - Türkiye), University of Craiova (UCV - Romania), Hatay Mustafa Kemal University (HMKU - Türkiye), Süleyman Demirel University (SDU - Türkiye), Šiauliai State University of Applied Sciences (ŠVK - Lithuania), and Mehmet Akif Ersoy University (MAKU) are the partners of the project that is being coordinated by Pamukkale University (PAU - Türkiye).

The 6th Transnational Meeting of CK4Stim was held on 15-16 July 2024 at Burdur Mehmet Akif Ersoy University in Burdur, Türkiye. All partners attended the meeting face to face. The purpose of the 6th meeting was to review quality plans, multiplier events, articles and website. Also, project final report was discussed.

Among those who attended; valuable representatives such as Nilüfer ÇETİŞLİ-KORKMAZ and Fatih CETİŞLİ from Pamukkale University, Eva ILIE, Oana Bianca BUDEANCA BABOLEA and Denisa PIELE from University of Craiova, Zeliha Özlem YÜRÜK from Başkent University, Yasemin KARAASLAN from Hatay Mustafa Kemal University, Mehmet DURAY from Süleyman Demirel University, Dovydas GEDRIMAS from Šiauliai State University of Applied Sciences, and Betül SÖYLEMEZ from Burdur Mehmet Akif Ersoy University were present. It was noted that Nilüfer ÇETİŞLİ-KORKMAZ represented the Turkish Physiotherapy Association, Eva ILIE represented the Order of Physiotherapists in Romania, and Dovydas GEDRIMAS represented the Lithuanian Physiotherapy Association.

The 6th Transnational Meeting of CK4Stim began with welcome coffee held in the Burdur Mehmet Akif Ersoy University, Burdur Vocational School and Health Services’ meeting hall. The event began with the opening speeches made by MSc. Betül SÖYLEMEZ and Prof. Nilüfer ÇETİŞLİ-KORKMAZ. After a short opening, all partners started to study on quality plans, multiplier event activities and articles. As you know, at the 5th Transnational Meeting of



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CK4Stim, quality plans and dissemination activities were presented and discussed. In 6th Transnational Meeting firstly, Nilüfer ÇETİŞLİ-KORKMAZ provided information about quality plans. Asked partners to document each needed material for quality report. After that, all partners presented their dissemination activities and multiplier events. Partners provided information about the activities which were done, the location, the number of participants and the content of the activities. The project website was reviewed, and general suggestions were discussed. All partners presented the financial issues and short reports on project expenditures. While all partners showed a high level of sensitivity to the financial resources used in the project, Prof. Fatih ÇETİŞLİ, who meticulously maintains the financial reports, presented a detailed and comprehensive summary of the financial report of the project for all partners separately. At the end of the meeting, Prof. Nilüfer ÇETİŞLİ-KORKMAZ distributed the English and Turkish guidebooks printed within the scope of the project to the partners. Prof. ÇETİŞLİ-KORKMAZ also gifted all participants a special plate made with Turkish tile art, the project logos and the inscription “Pamukkale University”, as a closing gift.

After the meeting, a tour of “Burdur Cumhuriyet Meydanı” and “Gazi Mustafa Kemal Atatürk Caddesi” was held. The partners tasted the local flavors of Burdur, “Walnut Paste” and “Poppy Seed Ice Cream” and purchased special souvenirs. A gala dinner was held after the tour. The gala dinner was held at Toros Restaurant. The tiredness of the day was relieved with delicious meals and joyful hours, and a great synergy was achieved for cultural fusion. After the gala dinner, a tour of Burdur Lake was held and the partners completed the day by taking a family photo at sunset.

The second day of the meeting, Tuesday, July 16, was held at Burdur Mehmet Akif Ersoy University Rectorate Senate Meeting Hall.

Under the leadership of Prof. Nilüfer ÇETİŞLİ-KORKMAZ, plans regarding the closing report of the project were discussed. The <https://webgate.ec.europa.eu/> website where the project information was uploaded was reviewed by all partners. The start and end dates of the project, the institutional identity information of the partner organizations, the executive and rectorate information were checked. Prof. ÇETİŞLİ-KORKMAZ stated that the dissemination activities and multiplier events of each partner, project outputs and reports will be uploaded to <https://webgate.ec.europa.eu/>.

Following discussion section, the closing ceremony of the project carried out. In addition to the partners, Burdur Mehmet Akif Ersoy University Vice Rector Prof. Oğuz GÜR SOY and academic staff of Burdur Health Services Vocational School also attended the closing ceremony. At the closing ceremony, MSc. Betül SOYLEYMEZ, Prof. Nilüfer ÇETİŞLİ-KORKMAZ, Prof. Sarp KAYA and Prof. Oğuz GÜR SOY made their speeches. While MSc.



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SOYLEMEZ and Prof. ÇETİŞLİ-KORKMAZ touched upon the processes that have been experienced since the beginning of the project and the outputs obtained, Prof. GÜRSOY and Prof. KAYA touched upon the importance of international projects and their contributions to Burdur Mehmet Akif Ersoy University.

Burdur Mehmet Akif Ersoy University, Faculty of Health Sciences, Department of Physiotherapy and Rehabilitation was visited. During the visit, the partners were informed about the theoretical and practical courses and laboratories. After the department tour, a tour of the ancient city of Sagalassos was held.

The sixth meeting held in Burdur attracted attention with its meticulous and productive working sessions as well as its ability to strengthen the warm and respectful relationships between the project partners. The partners experienced emotional moments due to it being the last meeting, but they said goodbye with the hope that this partnership and heartfelt friendships would continue with new works, projects and collaborations forever.

The target group of the CK4Stim project is all project stakeholders, including project team members, university teachers and students, clinical physiotherapists and mentors, high school students and teachers, public and private institutions, associations, individuals, and the general society.

You can follow the developments regarding the CK4Stim project from our website <https://ck4stim.eu/>, where all project outputs prepared as open-access newsletters and educational materials.

Let's be aware of the electrical stimulation approaches in physiotherapy and rehabilitation for standardization and variation and to support evidence-based studies.

### **Project Partners:**

Pamukkale University, TÜRKİYE

Medical Doctor- Prof. Ahmet KUTLUHAN

Physiotherapist- Prof. PhD. Nilüfer ÇETİŞLİ-KORKMAZ (Project Coordinator)

Engineer- Prof. PhD. Fatih CETİŞLİ

Engineer- Assoc. Prof. PhD. Arzum İŞİTAN

Physiotherapist- Assoc. Prof. PhD. Furkan BİLEK (as Postdoctoral Observer)



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## *Clinical Key for Electrical Stimulation in Physiotherapy and Rehabilitation*

### University of Craiova, ROMANIA

Medical Doctor- Prof. Ligia RUSU

Physiotherapist- Assist. Prof. PhD. Eva ILIE

Assist. Prof. PhD. Mihai RUSU

### Başkent University, TÜRKİYE

Physiotherapist- Prof. PhD. Zeliha Özlem YÜRÜK

### Hatay Mustafa Kemal University, TÜRKİYE

Physiotherapist- Prof. PhD. Esra DOĞRU-HÜZMELİ

Physiotherapist- Assoc. Prof. PhD. Yasemin KARAASLAN

### Süleyman Demirel University, TÜRKİYE

Physiotherapist- Assoc. Prof. PhD. Mehmet DURAY

### Šiauliai State University of Applied Sciences, LITHUANIA

Physiotherapist- Assoc. Prof. PhD. Vaida ALEKNAVICIUTE- ABLONSKE

Physiotherapist- MSc. Dovydas GEDRIMAS

### Burdur Mehmet Akif Ersoy University, TÜRKİYE

Physiotherapist- MSc. Fatma Nur ALÇIN

Physiotherapist- MSc. Betül SÖYLEMEZ

### Associated Partners (in alphabetical order)

Estonian Association of Physiotherapists

Lithuanian Association of Physiotherapists

Romanian Association of Physiotherapists



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## *Clinical Key for Electrical Stimulation in Physiotherapy and Rehabilitation*

Turkish Physiotherapists Association

### **Contacts**

You can follow and access project outputs and news via our website:

### **For all kinds of questions and information**

CK4Stim Project website: <https://ck4stim.eu/>

CK4Stim Project e-mail: [ck4stim.2022@gmail.com](mailto:ck4stim.2022@gmail.com)

CK4Stim Project Instagram page: <https://www.instagram.com/ck4stim>

CK4Stim Project YouTube Channel: <https://www.youtube.com/channel/UCBjIgl1raSO-e0DZnujiKhmw>

CK4Stim Project Facebook page: <https://www.facebook.com/CK4Stim-109320221807989/>

CK4Stim Project Twitter page: <https://twitter.com/ck4stim>

### **News:**

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